



**ALL IT TAKES IS
ALL YOU'VE GOT**

BMX Bike Sizing Information & Gearing Charts

Bike Size

Rider Height	Frame Size	Top Tube Length	Stem Length	Bar Rise	Bar Width
4'0" & Under	Micro-Mini	15"-15.5"	Mini	2"-2.5"	20"-21.5"
4'4"-4'10"	Mini	15.5"-16.5"	Mini-Mini XL	2"-3.5"	21"-23"
4'4"-4'10"	Junior	16"-17.5"	Mini-Mini XL	3"-4.5"	22"-24.5"
4'8"-5'4"	Expert	17"-18.5"	Pro	4.5"-6"	24"-26"
5'2"-5'10"	Expert XL	18"-19"	Pro	6"-7.5"	26"-27"
5'6"-5'10"	Pro	18.5"-19.5"	Pro-Pro XL	7"-8"	27"-28"
5'10"-6'1"	Pro XXL	19"-21"	Pro-Pro XL	7"-8"	27"-28"
6' & Over	Pro XXL	20.5" & Over	Pro XL-Pro XXL	7"-8"	28"+

Cranks

Riders Inseam	20"	21"	22"	23"	24"	25"	26"
Crank Length	140mm	145mm	150mm	155mm	160mm	162mm	166mm
Riders Inseam	27"	28"	29"	30"	31"	32"	34"
Crank Length	171mm	175mm	177mm	180mm	182mm	185mm	190mm

Mailing Address:
P.O. Box 5291 Station A Calgary, AB T2H 1X3

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5520 Blackfoot Trail SE Calgary, AB

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20" X 1.75" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	47.4	48.7	50.2	51.6	53.0	54.4	55.7	57.1	58.5	59.9	61.9	62.7	64.1
Freewheel 15	44.3	45.4	46.0	48.1	49.4	50.7	52.0	53.3	54.6	55.9	57.2	58.5	59.8
Freewheel 16	41.5	42.7	43.6	45.1	46.3	47.5	48.8	50.0	51.2	52.4	53.7	54.9	56.1
Freewheel 17	39.0	40.2	41.3	42.5	43.6	44.7	45.9	47.0	48.2	49.4	50.5	51.7	52.8
Freewheel 18	36.8	37.8	39.0	40.1	41.2	42.3	43.3	44.4	45.5	46.6	47.7	48.8	49.9

20" X 1.50" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	46.8	48.1	49.5	50.9	52.3	53.6	55.0	56.4	57.5	59.1	60.5	61.8	63.2
Freewheel 15	43.6	44.9	46.2	47.4	48.8	50.1	51.3	52.8	53.9	55.2	56.5	57.7	59.1
Freewheel 16	40.9	42.1	43.3	44.5	45.7	46.9	48.1	49.3	50.5	51.7	52.9	54.1	55.3
Freewheel 17	38.5	39.6	40.8	41.9	43.1	44.1	45.2	46.4	47.5	48.7	49.8	51.0	52.2
Freewheel 18	36.4	37.4	38.5	39.6	40.6	41.7	42.8	43.9	44.9	46.0	47.0	48.1	49.2

20" x 1 3/8" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	51.0	52.5	54.0	55.5	57.0	58.5	60.0	61.5	63.0	64.5	66.0	67.5	69.0
Freewheel 15	47.6	49.0	50.4	51.6	53.2	54.6	56.0	57.4	58.8	60.2	61.6	63.0	64.4
Freewheel 16	44.6	45.9	47.3	48.6	49.9	51.2	52.5	53.9	55.2	56.5	57.8	59.1	60.4
Freewheel 17	42.0	43.2	44.5	45.7	47.0	48.2	49.4	50.7	51.9	53.2	54.4	55.6	56.9
Freewheel 18	39.7	40.7	42.0	43.2	44.4	45.5	46.7	47.9	49.0	50.2	51.4	52.5	53.7

20" X 1 1/8" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	48.6	50.0	51.4	52.8	54.3	55.7	57.1	58.6	60.0	61.4	62.8	64.3	65.7
Freewheel 15	45.3	46.7	48.0	49.3	50.7	52.0	53.3	54.7	56.0	57.3	58.7	60.0	61.3
Freewheel 16	42.5	43.8	45.0	46.2	47.5	48.7	50.0	51.2	52.5	53.7	55.0	56.2	57.5
Freewheel 17	40.0	41.2	42.3	43.5	44.7	45.9	47.0	48.2	49.4	50.6	51.8	52.9	54.1
Freewheel 18	37.7	38.8	40.0	41.1	42.2	43.3	44.4	45.6	46.7	47.8	48.9	50.0	51.1

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24" X 1.75" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	58.3	60.0	61.7	63.3	65.0	66.9	68.6	70.3	72.0	73.7	75.3	77.0	78.9
Freewheel 15	54.4	56.0	57.6	59.3	60.7	62.4	64.1	65.5	67.2	68.9	70.3	72.0	73.7
Freewheel 16	51.0	52.5	54.0	55.5	57.0	58.5	60.0	61.4	63.1	64.5	66.0	67.4	69.1
Freewheel 17	48.0	49.4	50.0	52.2	53.6	55.1	56.5	57.9	59.3	60.7	62.1	63.6	65.0
Freewheel 18	45.3	46.5	48.0	49.4	50.7	52.0	53.3	54.7	56.0	57.3	58.5	60.0	61.4

24" X 1.50" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	55.9	57.5	59.1	60.7	62.3	64.2	65.8	67.4	69.0	70.6	72.2	73.8	75.7
Freewheel 15	52.1	53.7	55.2	56.7	58.2	59.8	61.3	62.8	64.4	65.9	67.4	69.0	70.6
Freewheel 16	48.4	50.3	51.8	53.2	54.6	56.0	57.5	58.9	60.3	61.8	63.2	64.6	66.2
Freewheel 17	46.0	47.3	48.7	50.0	51.4	52.8	54.1	55.5	56.8	58.8	59.5	60.8	62.3
Freewheel 18	43.4	44.7	46.0	47.2	48.5	49.8	51.1	52.4	53.7	54.9	56.2	57.5	58.9

24" X 1 3/8" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	58.3	60.0	61.7	63.3	65.0	66.9	68.6	70.3	72.0	73.7	75.3	77.0	78.9
Freewheel 15	54.4	56.0	57.6	59.3	60.7	62.4	64.1	65.5	67.2	68.9	71.3	72.0	73.7
Freewheel 16	51.1	52.5	54.0	55.5	57.0	58.5	60.0	61.4	63.1	64.5	66.0	67.4	69.1
Freewheel 17	48.0	49.4	50.8	52.2	53.6	55.1	56.5	57.9	59.3	60.7	62.1	63.3	65.0
Freewheel 18	45.3	46.5	48.0	49.4	50.7	52.0	53.3	54.7	56.0	57.3	58.5	60.0	61.4

24" X 1 1/8" Gear Chart

Chain Wheels	34	35	36	37	38	39	40	41	42	43	44	45	46
Freewheel 14	54.9	56.5	58.1	59.7	61.3	63.1	64.7	66.3	67.9	69.4	71.0	72.6	74.4
Freewheel 15	51.3	52.8	54.3	55.8	57.3	58.8	60.3	61.8	63.3	64.9	66.3	67.9	69.4
Freewheel 16	48.1	49.5	50.9	52.3	53.7	55.1	56.6	57.9	59.5	60.8	62.2	63.9	65.1
Freewheel 17	45.2	46.6	47.9	49.3	50.6	51.9	53.2	54.6	55.9	57.2	58.6	59.9	61.3
Freewheel 18	42.7	43.9	45.2	46.6	47.7	49.1	50.3	51.5	52.8	54.0	55.3	56.6	57.9